



In 2018 St Helens Tri launched a club championship, incorporating some of the best multi sport events in the North West. For 2020 the goal is to develop the club competition to include more events, make it fairer & to build further upon the success so far. So, for 2019 we have changed the following:

The final table will be decided on the 5 best scores across the season. This is to allow for those that cannot compete in all the races.

We have added a middle distance race for those who like it long and also Ironman UK mainly due to the increasing numbers of clubmate that have entered over the last few years.

### The Race Series Guide:

**Race One:** Club Duathlon

2020 Event Dates: TBC

Race Organiser: St Helens Tri

**Race Two:** Southport Triathlon - Standard

2020 Event Date: 17/05/20

Race Organiser: Epic Events

**Race Three:** Epic Man - Windermere - Middle distance.

2020 Event Date: 31/05/2020

Race Organiser: Epic Events

**Race Four:** Chester Deva Triathlon - Standard

2020 Event Date: 14/06/2020

Race Organiser: Chester Triathlon Club

**Race Five:** Ironman UK - Ironman distance.

2020 Event Date: 12/07/2020

Race Organiser: Ironman

**Race Six:** Wirral Triathlon - Sprint

2020 Event Date: 30/08/2020

Race Organiser: Epic Events

**Race Seven:** St Helens Tri - Sprint

2020 Event Date: 13/09/2020

Race Organiser: BeUrBest

**Race Eight:** Oulton Park Duathlon - Sprint

2019 Event Date: 4/10/2020

Race Organiser: OP Events

### Series Eligibility

St Helens Tri membership runs from April to April each year, to be eligible for the championship participants must be a club member and have renewed membership promptly when renewal opens in March 2020.

### **Age Groups**

Categories will be across Male & Female with the following age ranges:

16-19, 20-29, 30-39, 40-49, 50-59 & 60+

Alongside the age group categories the results will also feed into an overall league table.

### **Scoring System**

Scoring will adopt the scoring system for the current ranking series in Scotland & Wales:

<http://www.triathlonscotland.org/performance/legends-rankings/>

Points are allocated based on a finishers time relative to the 40th percentile finisher in the race. Using this scoring system, the further the winner is ahead of the rest of the field, the more points they are rewarded with.

This means that the performance of each athlete is scored relative to the performances of the athletes they are racing against. This means that a big performance on the final day of the series can affect the series results, ensuring that interest is maintained over all four races.

### **Scoring Formula**

The scoring formula is as follows: Assume that Athlete Y is the 40th percentile finisher. Athlete Y finishes the race in 75 minutes. Athlete A finishes the race in 70 minutes:

$(\text{Finish Time of Y} / \text{Finish time of A}) \times 100$

$(75/70) * 100 = 107.14$

Athlete A receives 107.14 points. Meanwhile, using the same formula, athlete Y receives 100 points. Athletes finishing behind athlete Y would receive less than 100 points. All athletes finishing the race would receive points for the series.

An athlete must complete two out of the seven races to qualify for the series rankings\*. The best four scores from seven races will be taken forward into the final rankings.

Oulton Park Duathlon is the final race of the series, the club board reserve the right to make the final race of the season a 'double point race'.

If any given event has <40 competitors then a decision will be made to change the percentile number to ensure consistency across scoring

### **Prizes**

Are yet to be determined, but there will likely be an overall Male/Female champion.

CATEGORIES MALE FEMALE or Junior may be add/removed or merged dependent on the number of athletes participating. For example, if we only have 3 athletes at age group 20-29 then this may be merged with 30-39 to ensure sufficient competition, however we hope to have enough athletes in each category.

### **Enquiries**

Please send all enquiries about the series to Mark Derbyshire. [Mark\\_Derbyshire@ymail.com](mailto:Mark_Derbyshire@ymail.com)